

# THE DIGITAL EXAMINER

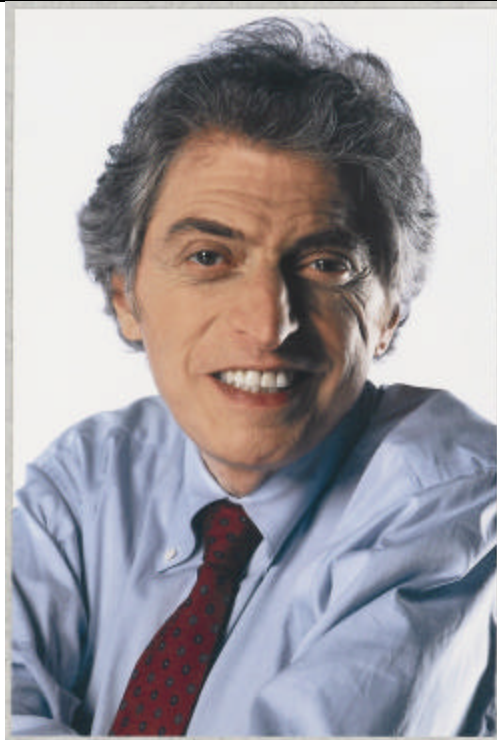


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*More Prostaid information at [www.prostaid.org](http://www.prostaid.org)*



Dr. Robert Buckman, Oncologist, University Professor, Gemini award winner, Canadian Humanist of the Year and author of 14 books brings his humor and wit to a free presentation for health care support groups, caregivers and other Calgarians March 10<sup>th</sup> at Beth Tzedec Synagogue.

When was the last time your doctor made you laugh? Chances are you can't remember. Dr. Buckman will make you laugh. In addition to writing numerous articles on various aspects of medicine and oncology, concentrating on doctor-patient communication and breaking bad news, Dr. Buckman designs and teaches an undergraduate course in breaking bad news. In 1989, Dr. Buckman received the Univer-

sity of Toronto Aikins Teaching Award for his efforts.

On March 10<sup>th</sup>, Dr. Buckman will analyse with many examples the essential elements of what makes us laugh. He will show how humour is a deliberate diversion from an expected sequence or series, and that all humour shares this basic structure. Humour also has several functions. Many of us use humour to deal with events that are in themselves threatening or frightening (illness, airlines, sex and mothers-in-law to name the top four). These are not intrinsically funny in themselves, but the act of constructing something funny about them brings the threat into perspective. In other words, the act of making a joke is an effective coping strategy. Dr. Buckman's presentation is funny, very funny and in the process he explains why laughter matters and why laughter is the second best medicine!

Prostaid Calgary is sponsoring Dr. Buckman to benefit all health related support groups in Calgary as well as caregivers and other interested members of the public.

**This special meeting takes the place of our normal monthly meetings held at Foothills Hospital. Where/When: 7:30 PM on Tuesday, March 10<sup>th</sup>, Beth Tzedec Synagogue, 1325 Glenmore Trail SW, Calgary. Admission is free. Seating (1400) and parking are limited. Doors open at 6:30 PM**

**In lieu of admission, Calgary Health Trust is accepting monetary donations for the new Centre of Urology at Rockyview Hospital.**

Prostaid Calgary's next monthly meeting will be a special one held at a different venue.

**7:30 PM on Tuesday  
March 10, 2009  
At Beth Tzedec Synagogue, 1325 Glenmore Trail SW**

**Dr. Robert Buckman will present "Laughter, the 2nd Best Medicine" to Prostaid members and members of other health support groups.**

**Our next regular meeting of "Women And Prostate Cancer" (WAPC) will be at 7:30PM, on Tuesday March 24 in room 1001, South Calgary Health Centre.**

**A peer meeting for men will be held at the same time in room 1014 at South Calgary Health Centre**

### **Quick Facts About Dr. Robert Buckman**

- Resides in Toronto, Ontario where he is a medical oncologist at the Princess Margaret Hospital, and Professor in the Department of Medicine at the University of Toronto.

- Qualified as a physician from Cambridge University in 1972, and completed his training in medical oncology at The Royal Marsden Hospital in London including laboratory research leading to a Ph.D. He emigrated to Toronto in 1985.

- Written numerous articles on various aspects of medicine and oncology, concentrating on doctor-patient communication and breaking bad news. He designed and teaches an undergraduate course in breaking bad news which was given the University of Toronto Aikins Teaching Award in 1989.

- For the past 20 years Dr. Buckman has embarked on a second career in communication and broadcasting, presenting television science-and-medicine programmes in Britain and then Canada. His series Magic or Medicine? won a Gemini award (the Canadian TV Industry equivalent of an Emmy). His latest series Human Wildlife was broadcast on the Discovery Channel and won two awards at the Chicago Television festival in 2003.

- Authored 14 books including I Don't Know What To Say - How To Help And Support Someone Who Is Dying (1988) a guide for friends and family, Magic or Medicine? an investigation into complementary medicine and How To Break Bad News a medical textbook for physicians and healthcare professionals and What You Really Need To Know About Cancer, a comprehensive guide for patients and their families, which has been published in Britain, Canada, the United States (in collaboration with the M.D. Anderson Cancer Center).

- Dr. Buckman, in concert with Dr. Walter Baile, head of Psychiatry at the M.D. Anderson Cancer Center, has created two sets of CD-ROMs (one in general medicine, one in cancer care) for healthcare professionals giving a comprehensive practical guide to communication skills – in particular a protocol for breaking bad news. The same group later produced a video On Being An Oncologist about the personal burdens and re-

wards of being a cancer physician, presented by the film actor William Hurt and the star of Wit Megan Cole. They are currently preparing a series of workshops on communication for the American Society of Clinical Oncology.

- In 1994 Dr. Buckman was named Canadian Humanist of the year, and in 2003, he received the Fleming medal of the Royal Canadian Institute for the Advancement of Science. He is an adjunct Professor at the M.D. Anderson Cancer Center, University of Texas.

### **About Prostaid Calgary [www.prostaid.org](http://www.prostaid.org)**

A not-for-profit, registered charity founded in 1995, Prostaid Calgary is a leading Canadian Men's Health organization providing the latest on-line educational resources for all aspects of prostate cancer.

Prostaid Calgary has three primary objectives:

1. Support men and their families on the journey with prostate cancer.
2. Increase public awareness about and understanding of prostate cancer.
3. Provide a strong provincial (Alberta) voice in matters relating to prostate cancer.

Prostaid Calgary develops and maintains a variety of services for prostate cancer survivors and their families.

Some of these include monthly meetings, peer-to-peer support groups, presentations from leading medical experts and timely informational newsletters. The 850-member organization is funded through private donations and membership fundraising efforts

**Prostaid is please to sponsor Dr. Robert Buckman's Calgary lecture to benefit all health-related support groups and interested individuals.**

**Prostaid acknowledges with sincere gratitude the support of Sanofi Aventis for their unrestricted educational grant that helps make this evening possible.**

**Prostaid also thanks Beth Tzedec Synagogue for making their fabulous facility available to the greater Calgary community.**





**Officers of the Society:**

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## Prostaid Calgary Warriors

The Prostaid Calgary Warriors are a caring and compassionate group, well organized and full of information for those men and their families dealing with advanced prostate cancer. The Warriors serve the very important needs of hormone refractory Prostaid Calgary members and all those who have an interest in management of advanced prostate cancer. The Prostaid Calgary Warriors meet on the second Tuesday of each month at 6:14 pm prior to the main Prostaid Calgary meeting. Warriors meet just outside the auditorium at Foothills Hospital in room #AGW2. Signs will be posted.

Men with advanced prostate cancer, their partners and family members are most welcome to attend. **You will be made welcome!**

For more information call Fred McHenry at (403) 282.3920

## “Women And Prostate Cancer”

invites women concerned for men living with prostate cancer to their next meeting scheduled for Tuesday, March 24th, 7:30PM. in Room 1001, South Calgary Health Centre, 31 Sunpark Plaza SE. Come meet with this open, caring group as they share their challenges.

Email Alice Campbell at “alice.j.campbell@gmail.com” for more information.

## Many thanks to our many friends and supporters!

Prostaid has many generous individuals and companies who support our community work. On behalf of our 900 members, thank you for your generosity. With your support we will continue our good work in 2009 and onward!

**Newsletter \* General Meetings \* Hospital Visits \* One-On-One visits \* Speakers \* Website**

**Charitable Number: 869261 602 RR 0001**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

**NOTE: It is NOT necessary to include this form, a receipt will be issued from the information on your cheque.**

**Canada Revenue Agency: <http://www.cra-arc.gc.ca/>  
or donate online through [www.canadahelps.org](http://www.canadahelps.org)**



Please make cheque payable to:  
**Prostaid Calgary Society**

**Box 72126**

**R.P.O. Glenmore Landing**

**Calgary AB, T2V 5H9**

**Tax Receipts can only be issued to those named on the cheque.**